

# PROMPTS

Season 013: Art 101

# ONE

## WATERCOLOURS

**“To live a creative life, we must lose our fear of being wrong.”**

**- Joseph Chilton Pearce**

### PROMPT 1: EXPLORE

Make marks. Grab 5 - 20 pieces of (unimportant, cheap) scratch paper, pick one tool and one medium (e.g. a paint brush and watercolours). Start making marks and challenge yourself to fill all the pages. Your goal is to test out your materials and see how many different things you can do to get a feel for how the medium and tool works. Think as far outside the box as possible. Start with straight lines and go crazy from there.

*Hint: We suggest doing this exercise for every tool and medium that you will learn about in this season!*

### PROMPT 2: DREAMY

Create a background based on Sasha's tutorial this week. Take a moment, close your eyes and dream as if you are swimming through a galaxy made of watercolors... Describe and depict this feeling.

### PROMPT 3: BE A CHILD *by Sasha*

Imagine that you are a child again. You don't know any fancy art techniques, you have no Pinterest boards filled with inspiration or dozens of slightly differently shaped brushes. You just have the most simple art supplies and the desire to create. Use your hands, fingers, hair to create mindless and free brush strokes to create your page. Limit yourself to one medium e.g. acrylic or watercolours.

### PROMPT 4: BEGINNINGS

Think about beginnings. Being a beginner, starting something new. What feelings, words, ideas, fears, hopes, questions arise in you?

# TWO

## TEXTURE

**“Art is the most intense form of individualism that the world has ever known.”**

**- Oscar Wilde**

### **PROMPT 1: EVERYDAY LIFE TEXTURES** *by Riet*

Take a moment to look around you and notice the different textures that surround you. The fabric of your clothes or the furniture you're touching. Look out the window, which textures can you see? The brick walls, the bark of a tree? Take quick notes what you see or sense. How would you describe the textures with one word? Try to recreate the textures in your page.

### **PROMPT 2: TREASURE HUNT**

Go on a texture treasure hunt. Search your house / work / world / trash for different items you can use in your art work that will create texture and experiment with them. Maybe it is a feather you add to your page or maybe it's bubble wrap or a binder clip you can use as a stamp. The weirder the better.

### **PROMPT 3: SENSES**

Tap into your senses. Imagine yourself in a room full of \_\_\_\_\_ (fill in the blank). Create this page based off of all five of your senses: taste, touch, smell, sound, sight.

### **PROMPT 4: TEXTURE WORDS**

Tell a story using “texture words”. Be as descriptive as you possibly can and weave us a tale that brings your characters and adventures to life.

# THREE

## ACRYLICS

**“If you hear a voice within you say ‘you cannot paint’, then by all means paint and that voice will be silenced.”**

**- Vincent Van Gogh**

### **PROMPT 1: RESEARCH**

Do some technical research on this week’s topic: acrylic paints. Uncover its origins, how it’s made, how it’s been used through history, little known facts, issues, inspiration...

### **PROMPT 2: COLOR CREATOR**

Create your own colors (nevermind if they already exist). Create a color pallet unique to you and be sure to give all your new colors some fantastical names!

### **PROMPT 3: LAYERS**

Practice layering paints on a page. Add them in different ways (with a paintbrush, with your finger, with a credit card), wait until some are dry, add while some are wet. Experiment with different layering techniques and colors to see what happens.

### **PROMPT 4: LAYERS ON LAYERS**

Practice writing on top of paints. Use different pens, pencils, markers. Take it a step further and experiment with layering different types of glues or papers.

# FOUR

## FELT TIPS

“The artist sees what others only catch a glimpse of.”

- Leonardo Da Vinci

### PROMPT 1: EXPRESSIVE LINES *by Ashley*

Think about how you are currently feeling. Are you feeling steady (straight line) or spinning out of control (spiral line)? Include yourself in an art journal page and draw expressive lines (straight, wavy, zig-zag, etc.) around your image to illustrate your current mood.

### PROMPT 2: WORD LINES

Write a poem about lines, using lines.

### PROMPT 3: YOUR LIFE IN LINES

Illustrate your life in lines.

### PROMPT 4: LINEAGE

Draw inspiration from your lineage, the line of family you have descended from and create a page based on this.



## LINE WORK

“Art is freedom. Being able to bend things most people see as a straight line.”

- Unknown

### PROMPT 1: HEART AT FIRST SITE *by EmK*

What made you want to be an artist? It may have been a color scheme, a specific piece of art, or a tour of The Louvre. Whatever it was, use it – or a representation of it – in a journal spread as a homage to why you began your creative journey.

### PROMPT 2: YOU'RE THE TEACHER *by EmK*

“Art 101” speaks to teaching, so if you were teaching someone about art, what would you show them? Create a page showing off your favorite medium, as if you were teaching another. Would you use multiple brushes to show how they differ? Differently textured collage elements to explain why they work well together? How to shade to create shadows and illumination? Embody these elements on your page.

### PROMPT 3: CREATE A PRACTICE HABIT

Maybe you are not good at drawing. Set a goal this week to draw for 5-15 minutes a day, every day. You can choose a topic, a medium, or just random objects and pens but try your hand at drawing. Remember, drawing can be fine line art work and it can also be doodling. Here are three great resources (outside of Get Messy) to help you hone your drawing skills if you would like to take this challenge a step further: Draw Every Day Draw Every Way, Draw Your Memories course and Doodling 101 course.

### PROMPT 4: ONE LINE CHALLENGE

Draw without lifting your pen. Or draw with your eyes closed. Or both!



## COLLAGE

**“Just because it is not in a museum does not mean it is not art.”**

**- graffiti spotted on the side of a building**

### **PROMPT 1: BREAKING THE BLANK PAGE** *by Ashley*

If you are like me, staring at a blank page can be quite daunting. I always refer to the quote from week three. The “secret” is to just start! Grab your favorite art supply or a medium that you are familiar with, and use it to cover the background of your page. Add an image or word on top of the background that celebrates you silencing that pesky inner voice.

### **PROMPT 2: ARTIST INSPIRATION** *by Ashley*

Who is your favorite artist? Examine their work and write down what you like most about their art. Are there consistent patterns or themes you relate to in their art? Use these elements as inspiration for your art journal page.

### **PROMPT 3: COLLAGE**

Experiment with this week’s theme: collage. Grab some random papers from your house, purse, doctors office, art junk folder and glue them down. See what happens.

### **PROMPT 4: SCRAP COLLAGE**

Torrie creates these beautiful pages using her tiniest scraps that litter the floor. Make your own scrap collage by using only the tiniest bits that make no sense.

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